

DIGESTIVE AND LIVER DISEASE SPECIALISTS HALFLYTELY BOWEL PREPARATION

Purchase Halflytely from your pharmacy. You will need a prescription.

Begin a clear liquid diet on the morning of _____. (See next page for clear liquid diet)

STEP 1

At 1:00 p.m. swallow all (4) bisacodyl tablets with water. Do not chew or crush.

STEP 2

Add drinking water to top line of the Halflytely bottle. Recap bottle, shake to dissolve and refrigerate.

STEP 3

After a bowel movement occurs, usually in 1 to 6 hours, begin to drink the solution. If a bowel movement has not occurred within 6 hours begin your solution regardless. This is not a problem.

STEP 4

Drink 1 (8 oz) glass every 10 minutes. A watery bowel movement should begin in approximately 1 hour. **Be sure to drink all of the solution.** You will continue to have loose bowel movements for about 1 to 2 hours after finishing.

Nothing by mouth 3 hours prior to exam unless you need to take medications as directed by your physician. These may be taken with a small sip of water.

Stop Coumadin / Warfarin 3 days prior to your procedure. Notify your cardiologist and ask if he wants to replace these medications with Lovenox during this time.

Stop Plavix 7 days prior to your procedure. Notify your cardiologist for approval.

Stop Aggrenox and Ticlid 5 days prior to your procedure. Notify your cardiologist for approval.

Stop Aspirin and Anti Inflammatory medications (ex. Naprosyn, Motrin) 5 days prior to your procedure.

Stop Iron 7 days prior to your procedure.

Celebrex and Tylenol are allowed.

Adjust your diabetic medications per office protocol.

You may take heart and blood pressure medicine the morning of the procedure. Check with your physician if you have any questions about medications to be taken prior to your procedure.

DUE TO SEDATION, YOU MUST HAVE SOMEONE DRIVE YOU HOME.