

DIGESTIVE AND LIVER DISEASE SPECIALISTS GOLYTELY PREPARATION

Purchase Golytely from your pharmacy. You will need a prescription.

Begin a clear liquid diet and the Golytely preparation on the morning of _____.
(See next page for clear liquid diet)

AT 9:00 A.M. on the day of your clear liquid diet, reconstitute the Golytely powder with luke warm water. Shake several times to ensure ingredients are dissolved. Place in the refrigerator to chill prior to drinking. The solution must be used within 24 hours.

AT 11:00 A.M. begin drinking 8 oz of the solution every 15 minutes until you drink ½ of the solution. Place solution back in the refrigerator to chill. Continue your clear liquid diet.

AT 3:00 P.M. begin drinking 8 oz of the solution every 15 minutes until it is finished. You must finish the entire gallon. Continue your clear liquid diet.

Note: Your last evacuation should be clear. If brown colored water or formed stool continues after 4 hours, a tap water enema is necessary. This must be repeated until all evacuations are clear. Enemas are rarely needed.

Stop Coumadin / Warfarin 3 days prior to your procedure. Notify your cardiologist and ask if he wants to replace these medications with Lovenox during this time.

Stop Plavix 7 days prior to your procedure. Notify your cardiologist for approval.

Stop Aggrenox and Ticlid 5 days prior to your procedure. Notify you cardiologist for approval.

Stop Aspirin and Anti Inflammatory medications (ex. Naprosyn, Motrin) 5 days prior to your procedure.

Stop Iron 7 days prior to your procedure.

Celebrex and Tylenol are allowed.

Adjust your diabetic medications per our office protocol.

You may take heart and blood pressure medicine the morning of your procedure. Check with your physician if you have any questions about medications to be taken prior to your procedure.

Nothing by mouth 3 hours prior to your exam unless you need to take medications as directed by your physician. These may be taken with a small sip of water.

DUE TO SEDATION, YOU MUST HAVE SOMEONE TO DRIVE YOU HOME.
